

# PATIENT HEALTH QUESTIONNAIRE

NAME \_\_\_\_\_ DATE of BIRTH \_\_\_\_\_ DATE \_\_\_\_\_

PLEASE TRY TO ANSWER ALL QUESTIONS ON BOTH SIDES. THIS INFORMATION WILL BE TREATED AS CONFIDENTIAL

## PAST HEALTH

Have you ever suffered from any of the following conditions?

	Yes	No		Yes	No		Yes	No
Anemia			Heart Disease			Back Pain		
Thyroid Trouble			Tuberculosis			Emotional Problems		
Diabetes			Pneumonia			Epileptic Seizures		
Rheumatic Fever			Stomach Ulcers			Allergies		
High Blood Pressure			Kidney Disease (infections)			Jaundice		

Do you take any medications regularly? Yes No If yes, please list: \_\_\_\_\_  
 \_\_\_\_\_

Alcohol use? Yes No Amount: \_\_\_\_\_

Illicit Drug use? Yes No Type: \_\_\_\_\_

Please list any significant illnesses or operations you have had.

Date	Illness or Operation	Doctor and/or Hospital
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

## FAMILY HEALTH

	Age	Health Problems	If Deceased, Cause of Death	Age at Death	Has any Blood Relative Had		
					Y	N	
Father					Tuberculosis		
					Heart Disease		
					High Blood Pressure		
Mother					Alcoholism		
					Kidney Disease		
					Diabetes		
					Strokes		
Brothers and Sisters					Epilepsy		
					Mental Illness		
					Allergies		
Children					Lung Disease		

# PATIENT HEALTH QUESTIONNAIRE

Are you affected by any of the following?

		Yes	No			Yes	No			Yes	No	
Fatigue				Night Sweats				Difficulty Sleeping				
Loss of Appetite				Intolerance to Heat				Bleeding Tendency				
Loss of Weight				Intolerance to Cold				Date of Last Tetanus Shot				
Fever				Any Skin Trouble				Date of Late Polo Shot				
Chills				Fainting								

## HEAD & NECK

		Yes	No			Yes	No			Yes	No	
Headaches				Nasal Congestion				Frequent Colds				
Eye Trouble				Nose Bleeds				Sore Throat				
Hearing Difficulty				Hay Fever				Lumps in Neck				
Earaches				Dental Trouble				Neck Pain				
Sinus Trouble				Sore Tongue								

## RESPIRATORY

		Yes	No			Yes	No			Yes	No	
Cough				Wheezing				Cigarette Smoking Number Daily?				
Sputum				Shortness of Breath								
Bloody Sputum				Date of last TB test				Date of last Chest X-Ray				

## CARDIOVASCULAR

		Yes	No			Yes	No			Yes	No	
Shortness of Breath				Swelling of Ankles				Have you ever has an EKG (Electrocardiogram)? When?				
Chest Pain				Pains in Legs								
Palpitations				Varicose Veins				High Blood Pressure				

## DIGESTIVE

		Yes	No			Yes	No			Yes	No	
Difficulty Swallowing				Abdominal Pain				Bloody Stools				
Heartburn				Gas				Black Stools				
Nausea				Constipation				Do you take Laxatives?				
Vomiting				Diarrhea				Do any foods cause indigestion?				

## URINARY

		Yes	No			Yes	No			Yes	No	
Frequency of Urination				Change of Urine Appearance				Getting up at night to urinate? How Many Times?				
Painful Urination				Incontinence								

## LOCOMOTOR

		Yes	No			Yes	No			Yes	No	
Pain, stiffness, joint swelling				Any broken bones?				Back Pain				
Limitation joint movement				Foot Trouble				Deformities				

## NERVOUS SYSTEM

		Yes	No			Yes	No			Yes	No	
Forgetfulness				Abnormal Sensations				Difficulty Walking				
Nervousness				Loss of Balance				Tremors				
Depression				Clumsiness				Dizziness				
Spells of Any Kind				Muscle Weakness								

## WOMEN ONLY

		Yes	No			Yes	No			Yes	No	
Irregular Menstruation				Are You Passed Menopause				Number Of Pregnancies				
Painful Menstruation				Abnormal Discharge				Number Of Miscarriages				
Very Heavy Periods				Do you take Birth Control Pills				Date of last Menstrual Period				
Bleeding between Periods				Any trouble with Breasts				Date of Last Pap Smear				